

Frequency and Duration of Essential Tasks

The CSSD operates in a busy working environment and is a physically demanding role which can fluctuate based on the demands of theatre. The CSSD staff typically work between the two reprocessing areas, Decontamination Room and Clean Room, and must comply with structured workplace requirements for each of these areas. The CSSD is a restricted clean environment with strict policies and procedures in place regarding work practices and access.

Essential Tasks	Frequency	Duration
Decontamination and Sterilisation	Technicians complete decontamination and sterilisation duties every shift.	Technicians may complete decontamination and sterilisation tasks in up to four hour rotation blocks.
Inspecting and Sorting	Technicians complete inspection and sorting duties every shift.	Technicians may complete inspection and sorting tasks in up to two hour rotation blocks.
Heat Sealing	Technicians complete heat sealing duties every shift.	Technicians may complete heat sealing tasks in up to two hour rotation blocks.
Wrapping and Tagging	Technicians complete wrapping and tagging duties every shift.	Technicians may complete wrapping and tagging tasks in up to two hour rotation blocks.
Storage	Technicians are generally rostered to a specific storage area per shift, however may complete storage tasks on an ad hoc basis every shift.	Technicians are generally rostered to complete storage tasks for an entire shift. Ad hoc storage tasks and assistance may take from 5 minutes upwards dependent upon demands and theatre capacity.
Administration	Technicians complete administration duties every shift.	Administration tasks generally require 30 to 45 minutes each shift, cumulatively.

Technicians are required to regularly rotate between all outlined tasks in line with department schedules. As such, a high degree of task rotation and adaptability is associated with this role.

Environmental and Organisational Factors

Condition	Description
Heat	CSSD Technicians generally complete their duties in a climate controlled indoor environment which is not significantly affected by heat. Technicians work in close proximity to equipment which utilises heat for their functions; while there is not a substantial exposure to emanating heat, Technicians must take all necessary precautions when using equipment and handling items which have been removed from various processes.
Cold	CSSD Technicians generally complete their duties in a climate controlled indoor environment which is not significantly affected by cold. The storage area is climate controlled for sterilisation purposes.
Noise	CSSD Technicians may be exposed to low level noise from their working environment including equipment.
PPE	CSSD Technicians are required to wear full sterilisation PPE at all times including theatre scrubs, closed toe shoes, shoe covers, gloves, hair nets and protective eye wear. Technicians may be required to change their PPE when moving from one task to another, especially when moving from the decontamination area to the sterile area.
Shift Cycle	CSSD Technicians work a range of shifts brackets between four and eight hours dependent upon demands and needs. Technicians may on occasion complete over time and may participate in on-call work to support the demands of theatre.
Production Rate	CSSD Technicians are required to process items at a consistent rate with turnover of instruments and trays within set guidelines. Prioritisation is required when the CSSD becomes busy to ensure that the more important and frequently utilised items are processed first.
Shift Cycle	Epworth's facilities operate 24 hours a day/7 days a week and you are expected to be available and able to work on a rotating roster across all shifts and shift patterns, including night shifts. Although there may be times when you work to a particular pattern of days and times, please note Epworth may still require you to change your shifts in line with notice periods under your employment agreement to meet operational needs.

Physical Demands	Rare	Occasional	Frequent	Constant	Cognitive and Psychosocial Demands	Low	Moderate	High	Maximal
Frequency and Duration of Essential Tasks	0 – 5% of total work time	6-33% of total work time	34-66% of total work time	67-100% of total work time					
Sitting		✓			Attention				✓
Standing				✓	Concentration				✓
Walking				✓	Memory			✓	
Step up / step down		✓			Interaction with others	✓			
Looking Up and Down				✓	Communication – written		✓		
Forward Bending				✓	Communication - verbal		✓		
Turning and Twisting			✓		Problem solving		✓		
Crouching and Squatting		✓			Decision making	✓			
Kneeling and Crawling		✓			Planning/sequencing				✓
Reaching above shoulder			✓		Reasoning/judgement	✓			
Reaching forward				✓					
Gripping (Hand)				✓					
Fine Motor Movements (Hand)				✓					
Lifting floor-waist		✓							
Lifting knee-shoulder			✓						
Lifting overhead		✓							
Carrying			✓ (up to 10kg)						
Pushing and pulling upper limb			✓						
Pushing lower limb	✓								