

Position Description, Inherent Requirements of Position – Rehabilitation Health Professionals: working in the community

Frequency and Duration of Essential Tasks

This role is responsible for administering medication, attending to a wide variety of medical and personal care needs and may be required to monitor and manage any health related conditions or concerns. Support may also be required for mobility assistance and patient transfers and as such a high degree of manual handling is associated with the role.

Essential Tasks	Frequency	Duration
Clinical Care	Health Professionals complete up to four patient visits per shift.	One visit may require the Health Professionals to provide therapy care for up to two hours.
Initial Assessment	Health Professionals complete initial assessments for all new patients.	An initial assessment requires approximately 60 – 90 minutes.
Assessment of home and equipment requirements	Health Professionals required to assess patient requirements and at time provide suitable equipment.	Assessment requires up to approximately 60 minutes. Therapists also complete community activities such as shopping or catching public transport
Administration	Health Professionals complete case notes upon each patient visit (approximately 4 per day).	Duration of administration tasks varies on a case by case basis. Handover meetings require approximately 30 minutes each shift.
Driving	Driving is required frequently throughout a shift.	Health Professionals typically drive for durations of 30-90minutes.

Environmental and Organisational Factors

Condition	Description
Heat	Health Professionals generally complete their duties in indoor environments inside patient's homes, and temperature is determined by patient's preferences. Health Professionals are also exposed to outdoor conditions which may fluctuate based upon weather in particular when completing community activities e.g. shopping, catching public transport working in the community
Cold	Health Professionals generally complete their duties in indoor environments inside patient's homes, and temperature is determined by patient's preferences. Health Professionals are also exposed to outdoor conditions which may fluctuate based upon weather in particular when completing community activities e.g. shopping, catching public transport working in the community.
Noise	Health Professionals may be exposed to low level noise from the patient's home and road environment.
PPE	Health Professionals are required to wear non-slip, closed toe shoes,
Shift Cycle	Epworth's facilities operate 24 hours a day/7 days a week and you are expected to be available and able to work on a rotating roster across all shifts and shift patterns, including night shifts. Although there may be times when you work to a particular pattern of days and times, please note Epworth may still require you to change your shifts in line with notice periods under your employment agreement to meet operational needs.

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Physical Demands	Rare	Occasional	Frequent	Constant		Cognitive and Psychosocial Demands	Low	Medium	High
Frequency and Duration of Essential Tasks	0 – 5% of total work time	6-33% of total work time	34-66% of total work time	67-100% of total work time					
Sitting				✓		Attention			✓
Standing			✓			Concentration			✓
Walking		✓				Memory			✓
Step up / step down		✓				Interaction with others			✓
Looking Up and Down			✓			Communication – written			✓
Forward Bending			✓			Communication - verbal			✓
Turning and Twisting			✓			Problem solving			✓
Crouching and Squatting		✓	–			Decision making			✓
Kneeling and Crawling			✓			Planning/sequencing			✓
Reaching above shoulder			✓			Reasoning/judgement			✓
Reaching forward				✓					
Gripping (Hand)			✓						
Fine Motor Movements (Hand)			✓						
Lifting floor-waist		✓ (up to 10kg)							
Lifting overhead	✓								
Carrying			✓						
Pushing and pulling upper limb		✓							
Pushing lower limb			✓						