

Position title	Psychologist – Cranbourne East Secondary College
Reports to	Senior Clinician/Coordinator – School Services (Casey Cardinia)
Date	June 2023

About EACH

EACH provides an integrated range of health, disability, counselling and community mental health services across Australia. We offer a wide range of supports to assist members of our community to lead happier, healthier lives. Our staff are a collective workforce of over 1,500 paid employees and over 300 volunteers.

More information is available at: <http://www.each.com.au>

Our vision	A healthy community where everyone belongs.
Our purpose	Promoting health, building hope and creating opportunity.
Our values and behaviours	<p>We care</p> <p>We welcome you with empathy and hope. We believe making change is possible for everyone.</p> <p>We listen</p> <p>We take time to understand you, your experiences and your culture. We work with you and the people important to you, to build the right supports.</p> <p>We learn</p> <p>We evaluate our actions and always seek to improve.</p> <p>We deliver</p> <p>We have a 'can do' attitude and find ways to say 'yes'. We do what we say we're going to do.</p>

About the School Services team

A number of programs sit within the headspace School Services Team and this team works across the Casey Cardinia region. The School Services clinicians work with or in schools in the Casey & Cardinia LGAs, and across headspace centres at Narre Warren & Pakenham. The clinicians within this team provide a flexible mixture of face-to-face, in-person and telehealth options to young people.

Currently, the School Services team includes the following programs:

1. **Fee-for-Service Schools:** As part of this team there are currently schools who have employed clinicians through headspace and these clinicians include an OT, Speech Therapist, Psychologist, Mental Health Clinicians, Youth Worker and Wellbeing Coordinator. The School Services Senior Clinician/Coordinator provides clinical oversight and supervision to these clinicians, as well as coordination of operational function within the stream.

2. Fixed Term funding: The schools stream is made up of some clinical programs that are funded by SEMPHN &/or DHHS in a fixed term nature (ie funding for 12-24 months) and these programs are operationalised based on the funding requirements of the program.
3. Core funded clinicians/programs: The schools stream also has some core funded FTE dedicated to supporting the regional needs of secondary school students from Government, Independent, Private, or Christian schools. These roles work across the headspace centre and also in-reach/outreach into schools across the region.

Position summary

The position is co-located at Cranbourne East Secondary College. The role of the headspace Psychologist will be to provide mental state, risk & discipline specific assessments, and individual counselling to students at Cranbourne East Secondary College on campus. The role will receive referrals from the well-being team at the school. Clinical work includes assessment, ongoing therapeutic services (caseload), care planning and support to student's going to the College. The role reports through to the headspace School Services Senior Clinician/Coordinator for Casey Cardinia, and headspace oversees the effective operational and clinical governance of the role. The relevant Head of Wellbeing at Cranbourne East Secondary College is responsible for the day to day running of the role on campus.

In addition, the role will facilitate access to appropriate services (including headspace centres Narre Warren & Pakenham) as indicated by assessment and care planning processes, and will include direct service to young people, families and carers as well as consultation and support to other professionals, agencies and members of the community engaged in the young person's care.

Deliverables

- Establish a potential client's needs (through discussion of the presenting issue/s) and determine the client's suitability for services.
- Provide MSE, risk and discipline specific (Psychology) assessments for students at the College
- Undertake psychosocial assessments with young people utilizing the HEADSS assessment tool.
- Deliver evidence-informed psychosocial interventions, mental health literacy and short-term interventions to young people and their families where appropriate, as defined by the needs determined by assessment. Provision of mental health related information i.e. psycho-education regarding the nature of mental health and drug and alcohol problems, information services available and how to access these.
- Engage young people in early help seeking and provide a seamless and coordinated treatment pathways including accessing headspace centres Narre Warren & Pakenham, and other community services.
- Maintain appropriate clinical notes; formulate assessment, care and risk management plans and maintain data requirements using the designated Client Management System/s.
- Provide support for young people & families to access the range of services they need.
- Provision of evidence-based group programs for children/young people at the school.
- Participation in community awareness and engagement activities

- Plan and participate in training and secondary consultation with school staff as required.
- Other duties as negotiated with headspace senior staff.

The professional expertise we are looking for in this role

Skills

- Highly developed interpersonal, verbal and written communication skills.
- Highly developed problem solving and negotiation skills especially with young people in the early stages of help seeking.
- Highly developed knowledge of the common mental health, and social problems faced by young people and the indicated evidence-based treatment options.
- Ability to work with parents, carers and the family system where there is a higher complexity of care required.
- Ability to work autonomously and also as part of a team.
- High level of computer literacy utilising MS Office applications (Word, Excel and Outlook) and the ability to work from electronic medical records and the headspace Minimum Data Set.
- Ability to maintain positive stakeholder relationships and work collaboratively with a range of stakeholders i.e. young people, local community, government agencies, private practitioners etc.
- Exceptional organisational and time management skills.
- Ability to work within a multidisciplinary team working towards shared goals.
- Ability to work with high levels of professionalism and model EACH and headspace core values.

Experience and Knowledge

- Experience in working within a Secondary School context.
- Demonstrated experience in discipline specific psychological assessment, MSE, and risk assessments with young people.
- Demonstrated knowledge and experience of effective evidenced based treatment for children and adolescents.
- Demonstrated knowledge and experience of family inclusive practice.
- Demonstrated clinical skills in working with young people and their families/carers with mental health issues in an early intervention framework.
- Thorough understanding of the mental health and broader service system.
- Demonstrated ability to deliver system consultation and educational sessions.
- Experience in working with educational services.

Mandatory Qualification/s, Competencies and/or Licences

- Bachelor in Psychology
- Full registration with APHRA
- Completion of a Criminal History Check and Employee Working with Children Check (or State equivalent) prior to commencement of employment and as required by

legislation and policy during employment, as well as a duty to disclose relevant information that may arise after employment has commenced

- Current state-based driver's license
- Compliance with the EACH vaccination procedure

Highly regarded Qualifications and/or Certifications

- Practice endorsement in either counselling, clinical or educational psychology

Expected behaviours for all EACH staff and volunteers

- acts in accordance with EACH's code of conduct and ethics, policies and procedures and is demonstrably committed to EACH's vision, mission, values and service principles.
- promotes a 'safety first' culture and acts in accordance with EACH health and safety policy and management system.
- promotes and supports a zero-tolerance culture that recognises all people have the right to live their lives free from abuse, neglect, violence, discrimination and exploitation and acts upon EACH's commitment to recognise, raise and respond to any deviation from a person's human rights.
- fosters and promotes an inclusive and collaborative work environment where all employees, volunteers and customers feel welcomed, respected, valued and enabled and proud to fully participate, irrespective of their individual differences in background, experience and perspectives. demonstrates a customer focus by prioritising the needs and outcomes of internal and external customers.
- demonstrates teamwork and collaboration and positively contributes to group activities.
- contributes to innovation and continuous improvement and openly shares information and knowledge to enable optimal outcomes for customers.
- be curious, reflective and open to continuous learning and new ways of working.
- successfully completes all mandatory training in a timely manner, to support the delivery of high quality, safe and effective service delivery.