

Position title	Mental Health Clinician - YES
Reports to	YES Senior Mental Health Clinician/Team Leader
Date	July 2023

About EACH

EACH provides an integrated range of health, disability, counselling and community mental health services across Australia. We offer a wide range of supports to assist members of our community to lead happier, healthier lives. Our staff are a collective workforce of over 1,500 paid employees and over 300 volunteers.

More information is available at: http://www.each.com.au

Our vision A healthy community where everyone belongs.	1
Our purpose Promoting health, building hope and creating opportunity.	
Our values and behaviours We welcome you with empathy and hope. We believe making change is possible for everyone. We listen We take time to understand you, your experiences and your culture. We work with you and the people important to you, to build the right support we learn We evaluate our actions and always seek to improve. We deliver We have a 'can do' attitude and find ways to say 'yes'. We do what we say we're going to do.	ts.

About Mental Health and Alcohol and Other Drugs Program at EACH

EACH have recently undertaken a restructure to adapt operations from regional streams to program streams. The alignment of EACH's Mental Health and Alcohol and Other Drugs (MH&AOD) services into one program has enabled an opportunity to create operational efficiencies, maximize practice depth, and position EACH to enhance its reputation as a National Specialist Mental Health and Alcohol and Other Drugs end to end service provider. The aim is also to maximize alignment towards the national and State wide MH&AOD reforms and opportunities for growth, service similarities for cohorts/presenting issues, and for contractual and funding lines of accountability efficiencies.

About the Youth Enhanced Services teams

Youth Enhanced Services are funded through the local Primary Health Networks (PHN) and are a key service element in their stepped care model. Youth Enhanced Services (YES) provides support to young people aged 12 – 25 with complex and longstanding mental



health issues, and their families. This young person cohort is often referred to as the systems 'missing middle' because they are typically considered too complex for the primary mental health care system, and not acute enough for the tertiary mental health system. Therefore, they often experience inconsistent care or go untreated due to ineligibility.

The BounceBack program (Youth Severe funding) was developed and implemented in 2019 in the Casey, Cardinia, Dandenong and Kingston regions, to meet a gap in the service sector. This program has provided high quality wrap around care through one team of interdisciplinary clinicians including, but not limited to, individual mental health support to the young person from a mental health clinician, access to a psychiatrist, family therapist, peer support worker and carer peer support worker, and other specialist support services.

Due to the success of the BounceBack program, and the need for a similar type service, EACH has recently been successful in a funding bid to implement the youth enhanced services program across the entire Eastern Primary Health Network catchment, with staff to be located at headspace Knox and the EACH office in Epping.

Position summary

The role will be required to undertake several activities including but not limited to engaging, assessing and providing a range of effective evidence-based interventions for young people and their families both at the centre and outreach as required. Whilst not a tertiary mental health role, this position will complete comprehensive screening and assessment of young people and their families and provide both short-term and longer term intervention as part of an integrated team. The clinician will also have an experienced specialty in lived experience or practice of CALD, LGBTIAQ+, or ATSI.

Deliverables

- Provides assessment, case coordination and treatment to young people who present with complex and chronic mental health issues
- Provide evidence-based interventions for young people
- Formulate recovery plans, assess for and complete appropriate referrals
- Maintain an active caseload
- Actively monitor young people including follow up if non-attendance to scheduled appointments and provide additional follow up to as required to meet goal plan objectives
- Attend and participate in team meetings, clinical review meetings, professional development and program planning as required
- Actively attend and participate in regular operational and clinical supervision
- Complete all organisational accountability and reporting requirements in an accurate and timely manner.
- Collect, collate, and maintain client notes on consumer contacts in EACH's Client Management System (Episoft)

The professional expertise we are looking for in this role

Skills

- Excellent written and verbal communication skills
- Excellent organisation and time management skills
- Excellent computer skills and proficiency in the use of MS Office Applications (Word, Excel, Outlook)



- Ability to work from electronic medical records
- Ability to work independently and cooperatively in a team environment which works towards reaching common program and organisational goals
- Ability to work flexible hours including afterhours work as required
- Capacity to recognise own feelings and those of others, self-reflect and be selfaware:
- Respects the ethical beliefs and diversity of others;
- Is culturally aware and values social inclusiveness as a strength and positively utilises diversity;
- Is responsible to deliver services within the relevant legislative and regulatory framework and in accordance with sound business/ service management practices
- Prioritises the needs of consumers/clients and aims for the best outcomes for consumers/clients

Experience and Knowledge

- Demonstrated experience in working with young people and families for a minimum of 4+ years
- Demonstrated experience in working with young people in the context of severe mental health issues
- Demonstrated experience in working with young people who experience significant disengagement from social activities, education and employment

Mandatory Qualification/s, Competencies and/or Licences

- Undergraduate qualifications in Occupational Therapy, Psychology, Nursing, Social work or related discipline
- Eligibility for membership in qualified field
- Completion of a Criminal History Check and Employee Working With Children Check (or State equivalent) prior to commencement of employment and as required by legislation and policy during employment, as well as a duty to disclose relevant information that may arise after employment has commenced
- Current state-based driver's license

Highly regarded Qualifications and/or Certifications

Post graduate qualification in related field

Expected behaviours for all EACH staff and volunteers

- acts in accordance with EACH's code of conduct and ethics, policies and procedures and is demonstrably committed to EACH's vision, mission, values and service principles
- promotes a 'safety first' culture and acts in accordance with EACH health and safety policy and management system
- ensures EACH Great Care is put through its PACES (Person-Centred, Accessible, Connected, Effective and Safe
- promotes and supports a zero tolerance culture that recognises all people have the right to live their lives free from abuse, neglect, violence, discrimination and exploitation and acts upon EACH's commitment to recognise, raise and respond to any deviation from a person's human rights



- fosters and promotes an inclusive and collaborative work environment where all
 employees, volunteers and customers feel welcomed, respected, valued and
 enabled and proud to fully participate, irrespective of their individual differences in
 background, experience and perspectives. demonstrates a customer focus by
 prioritising the needs and outcomes of internal and external customers
- demonstrates teamwork and collaboration and positively contributes to group activities
- contributes to innovation and continuous improvement and openly shares information and knowledge to enable optimal outcomes for customers
- be curious, reflective and open to continuous learning and new ways of working
- successfully completes all mandatory training in a timely manner, to support the delivery of high quality, safe and effective service delivery