

Health Care Support Worker Job Description

Title: Healthcare Support Worker

Band: Band 2

Staff Group: Nursing and Midwifery

Reports to: Registered General Nurse / Nurse Manager

Job Summary:

The Healthcare Support Worker is part of the multidisciplinary team delivering care to patients.

The Health Care Support Worker carries out a range of personal care activities and tasks in support of and supervised by a Registered Nurse, or another registered practitioner.

A Health Care Support Worker

- 1. Undertakes personal care duties for patients in the hospital setting including bathing, toileting, dressing, support with meals and assisting patients with their appearance.
- 2. Supports patients independence with toileting, bathing, dressing and meals
- 3. Records patient information

Responsibilities

Communication and Relationships

- Will communicate on a regular basis with the patients, their relatives and colleagues in a caring, compassionate and professional manner
- Provide and receive routine information using tact or persuasive skills
- Use a range of skills to address barriers to understanding eg. a patient has a physical impairment, mental health condition to learning disabilities
- Promote and develop good relationships with patients, staff and visitors
- Promote good relations between the departments and services
- Respect confidential information obtained in the course of duty

Knowledge, Training and Experience

- Will complete a range of routine work procedures for delivering personal care activites that require training
- Knowledge of personal care and related procedures
- Have vocational qualification at level 2 or relevant experience in a clinical setting

Analytic and Judgement skills

- To be involved in judgements involving facts or situations that require some analysis
- Assess a patient's health, safety and wellbeing while undertaking personal care, deciding whether to refer to other staff as appropriate

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Planning and Organisational Skills

- Able to organise own day to day work tasks or activities
- Able to priortise own work activities
- · Able to manage competing demands on time

Physical skills

- Gains physical skills through practice
- Have good hand-eye coordination for example, when manoeuvring wheelchairs, bathing patients, using hoists

Responsibility for Patient

- Provides personal care to patients including bathing, toileting, dressing, support with meals and assisting patients with their appearance.
- Support patients with ordering of meals

Responsibility for policy/Service Development

- Follow policies in own role
- Will ensure that the agreed safety procedures are carried out to maintain a safe working environment for patients, visitors, and employees (Health and Safety at Work Act 1974)
- Will ensure that the environment is kept clean in line with locally agreed infection prevention guidelines
- May be asked to participate in discussions on proposed changes to procedures
- Safely use a range of manual handling equipment e.g. patient hoists, pat slides and wheelchairs, and therapeutic pressure reducing/relieving mattresses and electric beds

Responsibility for Financial and Physical resources

- Shows a personal duty of care in relation to equipment, resources, valuables
- Careful use of equipment
- Handles patient's property and valuables with care
- Ensures equipment used by others, e.g. a hoist is safe and properly used
- Maintain stock control and supports with ordering supplies if required

Responsibility for Human resources

Will demonstrate own duties to new starters or less experienced colleagues

Responsibility for Information resources

- Contributes to updating patient's records e.g. By recording basic patient information such as fluid balance (intake and output) and nutrition, height, weight, and age
- Use of information technology to benefit personal development and patient care

Responsibility for Research and Development

Occasionally participates in audits, surveys, research and development activities

Freedom to Act

- Carries out routine personal care duties with supervision from a registered nurse/practitioner available
- Is able to act on own initiative when delivering personal care with supervision accessible

Physical effort

- Frequently required to exert moderate effort for several short periods or several long periods. May occasionally need to exert intense effort for several short periods. This may be manoeuvres patients for toileting, bathing using aids, toileting, bathing without mechanical aids
- To perform moving and handling tasks related to supplies, equipment, beds and patient trolleys

Mental effort

- Able to concentrate while supporting patients with personal care procedures
- Able to follow a routine

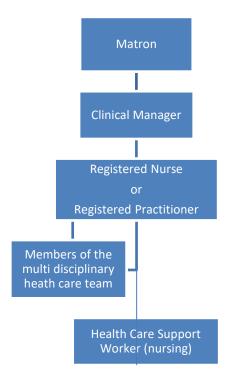
Emotional Effort

- Care of patients who have chronic illnesses/conditions
- Care of patients who are terminally ill, end of life, during their death
- Communicating with and supporting distressed/anxious/worried patients/relatives
- Dealing with verbally abusive patients and members of the public

Working conditions

- May frequently be required to manage foul linen and body fluids eg. Emptying bed pans/urinals
- Exposure to aggression, verbal or physical. In specific areas this may be on a frequent basis

Organisational Chart





Management Essentials

We are proud to offer a comprehensive development programme, Management Essentials, designed to equip staff with the skills and knowledge to become effective managers.

This post has been identified as a role that will benefit from this training, and you will be able to enrol in both mandatory and, relevant, optional modules upon commencement with the Trust.

Please click here for further information on the Management Essentials programme.



Leadership Insights

Additionally, our new leadership development programme, Leadership Insights, aims to help all newly promoted, existing and aspiring leaders, at every level at the Trust, to recognise, reflect and role model the core principles of people-centred leadership.

If, this is of interest to you, you will be able to enrol upon commencement with the Trust.

Please click <u>here</u> for further information on the Leadership Insights programme.

Person Specification

Training is provided to enable the HCSW to comply with the Mandatory Induction Standards for Healthcare Support Workers; and with the Code of Conduct for Healthcare Support Workers, both as amended from time to time.

Qualifications and Experience

Essential

- Completed care certificate or ability to complete within 3 months of appointment
- Knowledge in a relevant area gained through experience, on the job training, short courses and completion
 of work based competencies
- Compliance with Mandatory updates annually (or as required) on an ongoing basis

Desirable

- English and maths qualification at GCSE 1-3 (D to G) /Function skills at level 1 (or an internationally recognised equivalent)
- NVQ level 2 in a relevant subject

Skills and Knowledge

Essential

- Ability to carry out assigned tasks effectively in a busy environment.
- Understands and complies with HCSW mandatory induction standards and code of conduct.
- Completion and maintenance of statutory & mandatory learning activities.
- Awareness, understanding and compliance of policies and practices e.g. Escort Policy, Prevention and control
 of infection and Health and Safety. This post holder is therefore able to work within the scope of their
 practice under direct and indirect supervision by a registered nurse (training will be provided)
- Can demonstrate knowledge of equipment used within the department to support the registered nurse and ensure that they are compatible and in good working order. Will escalate any concerns to registered nurse.
- Can demonstrate a range of core skills to competently undertake personal care for patients and related tasks and activities.
- Effective written and verbal communication skills/literacy/ numeracy skills
- Good observation skills and recognition of the importance of reporting

Training and personal development

Completion of in house training programme as required.

• Continues to develop knowledge and practice through a combination of instruction, on the job learning, attending teaching sessions and study days, where appropriate.

Personal qualities and behaviour

- Ability to work with people and as part of a multidisciplinary team.
- Caring disposition, preferably with experience working in a caring environment/role

Working Together For Patients with Compassion as One Team Always Improving

Strategic approach (clarity on objectives, clear on expectations)

Relationship building (communicate effectively, be open and willing to help, courtesy, nurtures partnerships)

Personal credibility (visibility, approachable, courage, resilience, confidence, role model, challenge bad behaviour, act with honesty and integrity)

Passion to succeed (patient centred, positive attitude, act, take pride, take responsibility, aspire for excellence)

Harness performance through teams (champion positive change, develop staff, create a culture without fear of retribution, actively listen and value contribution, feedback and empower staff, respect diversity)

Job holders are always required to act in such a way that the health and wellbeing of children and vulnerable adults is safeguarded. Familiarisation with and adherence to the Safeguarding Policies of the Trust is an essential requirement for all employees. In addition, all staff are expected to complete essential/mandatory training in this area.

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